

#AreYouKiddingMe?

“Children begin to develop the ability to control impulse as early as age 3.”

-Zero to Three, Self Control and the Developing Brain



During their first few years, children can begin to develop **executive function** and **self-regulation skills**.

These mental processes enable them to **remember information, pay attention and control impulses**. These skills are vital for learning and development.



Children aren't born with these skills; they are born with the potential to develop them.

When children master these skills, they are better equipped to have stronger social and academic results.

The
**Children's
Movement**
of Florida



Florida Power & Light Company is proud to support the efforts of The Children's Movement of Florida.

CHANGING THE CURRENT. 