

#AreYouKiddingMe?

“Parents who talk as they go about their daily activities expose their children to 1000-2000 words every hour.”

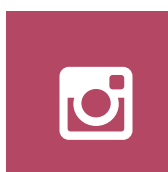
-Hart and Risley



One of the most important things adults can do in children's lives is talk and read to them.

The New York Times reported that **babies who are exposed to talking early on hear more words, enabling them to learn faster.**

But what do you do when life gets busy, and you don't have an extra 20 minutes to sit and read? **Don't let that stop you from connecting with your child!**



Sing a song, talk to them about what you're doing, where you're going if you're running errands, what you're buying if you're at the grocery store. Point out items and describe them. Exposing your child to the soothing quality of your voice, and feeding their vocabulary is a win-win situation!

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