

#AreYouKiddingMe?

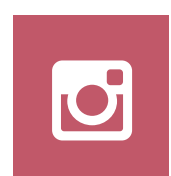
“If babies’ bodies grew at the same pace as their brains, they would weigh 170 pounds by 1 month of age.”
-University of Denver



Babies are fascinating little humans. **Did you know that 60 percent of the energy a baby expends is concentrated in the brain?** The fastest rate of brain development occurs from birth to age 3, but what are some ways to make the most of that time?

One surefire way is to talk and interact with your child. **Babies whose parents frequently talk to them know 300 more words by age 2 than babies whose parents rarely speak to them.**

Also, frequently **holding and stroking an infant can stimulate the brain** to release important hormones that allow the baby to grow.



The
**Children's
Movement**
of Florida



Florida Power & Light Company is proud to support
the efforts of The Children's Movement of Florida.

CHANGING THE CURRENT. 